CULTURE BASED LEARNING
Pre-Planning with the 4 Foundations of Cree Ways of Knowing and Being

In Person Workshop Session EXEMPLAR

CULTURE BASED LEARNING

Arts

- Act out the legend
- Draw part of the story.
- Working with the dandelions for an art project.
- Create your own play.
- Beading or weaving
- Depict the sequence of the steps of harvesting the dandelion
- Dandelion songs.

Traditional Practice

- Healing: thriving and perseverance (like a “weed”)
- Other video on offering protocol
- Kinship/connection between human and plants (living things)
- Health benefits and connection to the dandelion Legend.
- Historic places and timelines with dandelions.
- Celebrating other languages
- French word for dandelion is “pissenlit” (en lit meaning in the bed) which also speaks to the medicinal properties of the plant!
- cistēmaw - tobacco
- osawapikones - dandelion

Cree Language

- Legend of Dandelion
- Personal stories about dandelions, storytelling
  - Book on dandelions. (The Dandelion Seed, Dear Dandelion)

Subsistence

- Create your own dandelion honey.
- Gathering protocol
- Learning about cycles/seasons, gathering only what is needed (respectful/sustainable)
- Creating own dandelion tea or mustard
- Plant identification
- Pollinators, bees
- North wind spreading dandelion seeds
- Weed or medicine exploration
- Dangers to dandelion-spraying
- Other ways to use the dandelion
- flower

CULTURE BASED LEARNING

CULTURE BASED LEARNING

CULTURE BASED LEARNING

-

The Consortium